















PSSH ACU ACTIVITIES CALENDAR NOVEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 BOOK LOVERS DAY 9:30 BALLOON VOLLEYBALL 10:00 MORNING READINGS 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 AFTERNOON MOVIE	2 DEVILED EGG DAY 9:30 BALL TOSS 10:00 REMINISE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES 3:00 RELAXATION <i>6:15 EVENING RIDE</i>	3 CLICHÉ DAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION 6:00 CHIT-CHAT	4 PEANUT BUTTER LOVERS DAY 9:30 BALL TOSS 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES
5 DAYLIGHT SAVINGS TIME ENDS 9:30 COFFEE & CONVERSATION 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 REMINISCE 3:00 RELAXATION	6 TONGUE TWISTER DAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION	7 ELECTION DAY 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 FREESTYLE ACTIVITIES 3:00 RELAXATION 3:30 COMMUNION VISITS BY FATHER JERRY 6:00 STORIES AND SNACKS	8 CAPPUCCINO DAY 9:30 BALLOON VOLLEYBALL 10:00 MORNING READINGS 10:30 MOVE TO MUSIC <i>2:00 BIRTHDAY PARTY W/ MUSIC BY MIKE AND MARIE</i>	9 COMMERCIAL JINGLES DAY 9:30 BALL TOSS 10:00 REMINISE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES <i>2:45 MUSIC W/ RICK BRUEING</i> <i>6:15 EVENING RIDE</i>	10 SESAME STREET, 1969 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION 6:00 CHIT-CHAT	11 VETERANS DAY 9:30 BALL TOSS 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES
12 NATIONAL SUNDAE DAY 9:45 CATHOLIC MASS (NCU DINING ROOM) 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 REMINISCE 3:00 RELAXATION	13 WORLD KINDNESS DAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION	14 LOOSEN UP, LIGHTEN UP DAY 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 FREESTYLE ACTIVITIES 3:00 RELAXATION 3:30 COMMUNION VISITS BY FATHER JERRY 6:00 STORIES AND SNACKS	15 NATIONAL PHILANTHROPY DAY 9:30 BALLOON VOLLEYBALL 10:00 MORNING READINGS 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 AFTERNOON MOVIE	16 TAKE A HIKE DAY 9:30 MOVE & GROOVE (ACT RM) 10:00 THERAPY DOGS UNITED 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES 3:00 RELAXATION <i>6:15 EVENING RIDE</i>	17 NATIONAL BLACK CAT DAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION 6:00 CHIT-CHAT	18 MICKEY MOUSE, 1928 9:30 BALL TOSS 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES
19 POP TARTS, 1965 9:45 CATHOLIC MASS (NCU DINING ROOM) 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 REMINISCE 3:00 RELAXATION	20 NAME YOUR PC DAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION	21 PUMPKIN PIE DAY 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO <i>2:00 PUMPKIN PIE SOCIAL W/ MUSIC BY ANG & DEB</i> 3:00 RELAXATION 3:30 COMMUNION VISITS BY FATHER JERRY 6:00 STORIES AND SNACKS	22 ASSASSINATION OF JFK, 1963 9:30 BALLOON VOLLEYBALL 10:00 MORNING READINGS 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 AFTERNOON MOVIE	23 THANKSGIVING DAY 9:30 BALL TOSS 10:00 REMINISE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES 3:00 RELAXATION	24 BLACK FRIDAY 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION 6:00 CHIT-CHAT	25 SMALL BUSINESS SATURDAY 9:30 BALL TOSS 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES
26 NATIONAL CAKE DAY 9:45 CATHOLIC MASS (NCU DINING ROOM) 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 REMINISCE 3:00 RELAXATION	27 FULL MOON 9:30 BALLOON VOLLEYBALL 10:00 FACTS & FUN 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 MUSIC OR MUSIC VIDEO 3:00 RELAXATION	28 NATIONAL FLOSSING DAY 10:00 REMINISCE 10:30 MUSIC OR MUSIC VIDEO 1:30 FREESTYLE ACTIVITIES 3:00 RELAXATION 3:30 COMMUNION VISITS BY FATHER JERRY 6:00 STORIES AND SNACKS	29 THROW OUT LEFTOVERS DAY 9:30 BALLOON VOLLEYBALL 10:00 MORNING READINGS 10:30 MOVE TO MUSIC 1:30 ACTIVE GAMES 2:00 AFTERNOON MOVIE	30 NATIONAL MOUSSE DAY 9:30 BALL TOSS 10:00 REMINISE 10:30 MUSIC OR MUSIC VIDEO 1:30 ACTIVE GAMES 2:00 FREESTLYE ACTIVITIES 3:00 RELAXATION <i>6:15 EVENING RIDE</i>	ALL ACTIVITIES ARE SUBJECT TO CHANGE. SEE BOARDS ON UNIT FOR UPDATES. ALL CHANGES TO ACTIVITY CALENDAR WILL BE ANNOUNCED	
						INDEPENDENT LEISURE MATERIALS ARE AVAILABLE UPON REQUEST. PLEASE SEE ACTIVITIES STAFF FOR ASSISTANCE

PSSH NCU ACTIVITIES CALENDAR NOVEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 BOOK LOVERS DAY 8:30 ROOM VISITS 9:30 TRIVIA (ACT RM) 2:00 ARTS & CRAFTS (ACT RM) 7:00 BINGO (NCU DR)	2 DEVILED EGG DAY 8:30 RISE AND SHINE 9:30 MOVE & GROOVE (ACT RM) 2:00 WORD GAMES (NH DR) 	3 CLICHÉ DAY 9:45 BINGO/LUNCHEON AL 481 GIRARD 2:00 MUSIC BY JULIA HAMILTON TRIO	4 PEANUT BUTTER LOVERS DAY 8:30 ROOM VISITS 9:30 JEOPARDY 2:00 BINGO SPONSORED BY GUARDIANS USA VETS 
5 DAYLIGHT SAVINGS TIME ENDS 8:30 CHARLES STANLEY (CH 5) 9:30 COFFEE & CONVERSATION 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	6 TONGUE TWISTER DAY 8:30 MEET AND GREET 9:30 REMINISCE (ACT ROOM) 1:15 WALMART 7:00 BINGO SPONSORED BY SAL 571 WESLEYVILLE	7 ELECTION DAY 8:30 RISE AND SHINE 9:30 CARDO 2:00 BINGO (NCU DINING ROOM) 3:00 COMMUNION VISITS BY FATHER JERRY	8 CAPPUCCINO DAY 8:30 ROOM VISITS 9:30 TRIVIA (ACT RM) 2:00 BIRTHDAY PARTY W/ MUSIC BY COUNTRY BLUE 3:45 SPAGHETTI DINNER 7:00 BINGO (NCU DR)	9 COMMERCIAL JINGLES DAY 8:30 RISE AND SHINE 9:30 MOVE & GROOVE (ACT RM) 12:45 IDEA LAB TRIP 1:30 MUSIC BY RICK BRUEING	10 SESAME STREET, 1969 10:00 VETERANS DAY CEREMONY (CHAPEL) 2:00 PATRIOTIC SING-A-LONG WITH ANGELO & DEBBIE (NCU DINING ROOM)	11 VETERANS DAY 8:30 ROOM VISITS 9:30 RESIDENTS CHOICE 2:00 VETERANS DAY BINGO (\$2 PER WIN, NCU DR) 
12 NATIONAL SUNDAY DAY 8:30 CHARLES STANLEY (CH 5) 9:45 CATHOLIC MASS 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	13 WORLD KINDNESS DAY 8:30 MEET AND GREET 9:30 REMINISCE (ACT ROOM) 2:00 MUSIC BY KIRK HAMZA 2:00 POKER (UNIT A LOUNGE) 6:30 EVENING MOVIE (UNIT B LOUNGE)	14 LOOSEN UP, LIGHTEN UP DAY 8:30 RISE AND SHINE 9:30 CARDO 2:00 BINGO SPONSORED BY DWIGHT WEIBLE (\$1 PER WIN) (NCU DINING ROOM) 3:00 COMMUNION VISITS BY FATHER JERRY	15 NATIONAL PHILANTHROPY DAY 9:15 WALMART 2:00 HAPPY HOUR W/ MUSIC BY MIKE & MARIE 7:00 BINGO SPONSORED BY ALA 773 (NCU DR)	16 TAKE A HIKE DAY 8:30 RISE AND SHINE 9:30 MOVE & GROOVE (ACT RM) 10:00 THERAPY DOGS UNITED 2:00 MUSIC BY PAT'S JAZZ	17 NATIONAL BLACK CAT DAY 9:15 WALMART 2:00 BALLOON VOLLEYBALL (NCU DINING ROOM) 6:00 ERIE OTTERS GAMES	18 MICKEY MOUSE, 1928 8:30 ROOM VISITS 9:30 JEOPARDY 2:00 BINGO (NCU DR) 
19 POP TARTS, 1965 8:30 CHARLES STANLEY (CH 5) 9:45 CATHOLIC MASS 10:00 BINGO LUNCHEON EDINBORO/MCKEAN VFW 740 1:30 PROTESTANT SERVICE (NCU DINING ROOM)	20 NAME YOUR PC DAY 8:30 MEET AND GREET 9:30 REMINISCE (ACT ROOM) 1:30 CARD & BOARD GAMES (NCU DINING ROOM) 7:00 BINGO SPONSORED BY AL 381 & VFW 168	21 PUMPKIN PIE DAY 8:30 RISE AND SHINE 9:30 CARDO 2:00 WORD GAMES AND PUMPKIN PIE SOCIAL 3:00 COMMUNION VISITS BY FATHER JERRY	22 ASSASSINATION OF JFK, 1963 10:00 BINGO/LUNCHEON USHERS CLUB 10:00 NCU RESIDENT COUNCIL 3:45 SPAGHETTI DINNER 7:00 BINGO (NCU DR)	23 THANKSGIVING DAY 9:00 MACY'S THANKSGIVING DAY PARADE & SNACKS (UNIT B LOUNGE) 2:00 THANKSGIVING DAY BINGO (\$2 PER WIN, NCU DR)	24 BLACK FRIDAY 8:30 MEET AND GREET 9:30 COFFEE TALK 2:00 BLACK FRIDAY BINGO (\$1 PER WIN, NCU DR)	25 SMALL BUSINESS SATURDAY 8:30 ROOM VISITS 9:30 RESIDENTS CHOICE 2:00 BINGO (NCU DR) 
26 NATIONAL CAKE DAY 8:30 CHARLES STANLEY (CH 5) 9:45 CATHOLIC MASS 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	27 FULL MOON 8:30 MEET AND GREET 9:30 REMINISCE (ACT ROOM) 2:00 BALLOON VOLLEYBALL (NCU DINING ROOM) 2:00 POKER (UNIT A LOUNGE) 7:00 BINGO (NCU DR)	28 NATIONAL FLOSSING DAY 8:30 RISE AND SHINE 9:30 CARDO 2:00 BINGO SPONSORED BY DWIGHT WEIBLE (\$1 PER WIN) (NCU DINING ROOM) 3:00 COMMUNION VISITS BY FATHER JERRY	29 THROW OUT LEFTOVERS DAY 8:30 ROOM VISITS 9:30 TRIVIA (ACT RM) 1:30 CARD & BOARD GAMES (NCU DINING ROOM) 6:00 ERIE OTTERS GAMES	30 NATIONAL MOUSSE DAY 8:30 RISE AND SHINE 9:30 MOVE & GROOVE (ACT RM) 2:00 ARTS & CRAFTS (ACT RM) 	ALL ACTIVITIES ARE SUBJECT TO CHANGE. SEE BOARDS ON UNIT FOR UPDATES. ALL CHANGES TO ACTIVITY CALENDAR WILL BE ANNOUNCED	INDEPENDENT LEISURE MATERIALS ARE AVAILABLE UPON REQUEST. PLEASE SEE ACTIVITIES STAFF FOR ASSISTANCE

PSSH PCU ACTIVITIES CALENDAR NOVEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 BOOK LOVERS DAY 9:30 TRIVIA (ACT RM) 2:00 ARTS & CRAFTS (ACT RM) 7:00 BINGO (NCU DR)	2 DEVILED EGG DAY 9:30 MOVE & GROOVE (ACT RM) 1:15 PCU TRIP TO <i>ERIE MARITIME MUSEUM</i> 2:00 WORD GAMES	3 CLICHÉ DAY 9:45 BINGO/LUNCHEON <i>AL 481 GIRARD</i> 2:00 MUSIC BY <i>JULIA HAMILTON TRIO</i>	4 PEANUT BUTTER LOVERS DAY 9:30 JEOPARDY 2:00 BINGO SPONSORED BY GUARDIANS USA VETS 
5 DAYLIGHT SAVINGS TIME ENDS 8:30 CHARLES STANLEY (CH 5) 9:30 COFFEE & CONVERSATION 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	6 TONGUE TWISTER DAY 9:30 REMINISCE (ACT ROOM) 2:00 POKER (CANTEEN) 7:00 BINGO SPONSORED BY SAL 571 WESLEYVILLE	7 ELECTION DAY 9:30 VOTING TRIP 9:30 CARDO (ACT RM) 1:15 WALMART 2:00 BINGO (NCU DINING ROOM) 4:00 COMMUNION VISITS BY FATHER JERRY	8 CAPPUCCINO DAY 9:30 TRIVIA (ACT RM) 2:00 BIRTHDAY PARTY W/ <i>MUSIC BY COUNTRY BLUE</i> 7:00 BINGO (NCU DR)	9 COMMERCIAL JINGLES DAY 8:00 BREAKFAST TRIP <i>BUTCH'S PLACE</i> (BRING YOUR OWN MONEY) 12:45 IDEA LAB TRIP 1:30 MUSIC BY <i>RICK BRUEING</i>	10 SESAME STREET, 1969 10:00 VETERANS DAY CEREMONY (CHAPEL) 2:00 PATRIOTIC SING-A-LONG WITH ANGELO & DEBBIE (NCU DINING ROOM)	11 VETERANS DAY 9:30 RESIDENTS CHOICE 10:00 VA VETERANS DAY PARADE & CEREMONY 2:00 VETERANS DAY BINGO (\$2 PER WIN, NCU DR) 
12 NATIONAL SUNDAY DAY 8:30 CHARLES STANLEY (CH 5) 9:45 CATHOLIC MASS 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	13 WORLD KINDNESS DAY 11:00 VET'S DAY LUNCH: SPONSORED BY DAV AT GOLDEN CORRAL 2:00 MUSIC BY KIRK HAMZA 8-8:30 MONDAY NIGHT FOOTBALL BRONCOS @ BILLS (CANTEEN)	14 LOOSEN UP, LIGHTEN UP DAY 9:30 CARDO 2:00 BINGO SPONSORED BY DWIGHT WEIBLE (\$1 PER WIN) (NCU DINING ROOM) 4:00 COMMUNION VISITS BY FATHER JERRY	15 NATIONAL PHILANTHROPY DAY 2:00 HAPPY HOUR W/ <i>MUSIC BY MIKE & MARIE</i> 3:45 SPAGHETTI DINNER 7:00 BINGO SPONSORED BY ALA 773 (NCU DR)	16 TAKE A HIKE DAY 9:30 MOVE & GROOVE (ACT RM) 10:00 THERAPY DOGS UNITED 1:15 WALMART 2:00 MUSIC BY <i>PAT'S JAZZ</i>	17 NATIONAL BLACK CAT DAY 2:00 BALLOON VOLLEYBALL (NCU DINING ROOM) 6:00 ERIE OTTERS GAMES	18 MICKEY MOUSE, 1928 9:30 JEOPARDY 2:00 BINGO (NCU DR) 
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26 NATIONAL CAKE DAY 8:30 CHARLES STANLEY (CH 5) 9:45 CATHOLIC MASS 1:30 PROTESTANT SERVICE (NCU DINING ROOM) 2:30 FREESTYLE ACTIVITIES	27 FULL MOON 8:30 MEET AND GREET 9:30 REMINISCE (ACT ROOM) 1:00 PCU RESIDENT COUNCIL 2:00 BALLOON VOLLEYBALL (NCU DINING ROOM) 7:00 BINGO (NCU DR)	28 NATIONAL FLOSSING DAY 9:30 CARDO 2:00 BINGO SPONSORED BY DWIGHT WEIBLE (\$1 PER WIN) (NCU DINING ROOM) 4:00 COMMUNION VISITS BY FATHER JERRY	29 THROW OUT LEFTOVERS DAY 9:30 TRIVIA (ACT RM) 1:30 CARD & BOARD GAMES (NCU DINING ROOM) 6:00 ERIE OTTERS GAMES	30 NATIONAL MOUSSE DAY 9:30 MOVE & GROOVE (ACT RM) 2:00 ARTS & CRAFTS (ACT RM) 	ALL ACTIVITIES ARE SUBJECT TO CHANGE. SEE BOARDS ON UNIT FOR UPDATES. ALL CHANGES TO ACTIVITY CALENDAR WILL BE ANNOUNCED	INDEPENDENT LEISURE MATERIALS ARE AVAILABLE UPON REQUEST. PLEASE SEE ACTIVITIES STAFF FOR ASSISTANCE